

# personal Best

women.mind.body.spirit

## Directory

The Summer 2007 issue of  
*Personal Best* will arrive  
in July!

Make sure YOU advertise your health  
and fitness services  
in this upcoming issue.

Advertising Deadline  
May 29<sup>th</sup> 2007  
Mailed to Homes  
July 24<sup>th</sup> 2007

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3.5" x 1.625" box  
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